

2009 FIL WOMEN'S LACROSSE RULES FOR TRIAL

All Rules Revisions are in **BLUE**

FIELD MARKINGS, RULE 1.A:

Except for the goal line, all field marking lines shall be 5.1 cm to 10.2cm wide. The goal line shall be 5.1cm wide. (Rule 2.A.3) It is recommended that all lines be painted white.

SCORERS/TIMERS, RULE 9.A.4 AND SUBSTITUTION, RULE 11.A.

- A. Each team may substitute an unlimited number of players at any time during the play (including overtime), after every goal, after a team time-out and at halftime. All substitutions must be made through the Substitution Area. All players, including the goalkeeper, must come off the field and exit between cones/markers before a substitute may go on to the field. No other players or coaches are permitted in the Substitution Area except those players waiting to eminently enter the game. When an illegal substitution occurs, the scorer/timer will immediately notify the nearest umpire. (Minor Fouls and Penalties, Rule 19.A.15)
- I. An extra player, an ineligible suspended player, or an illegal player, one incorrectly or not listed on the team score sheet, are all illegal substitutes. Once a game starts, a player whose name and number are listed incorrectly on the Team Score Sheet may enter the game when the correction is made. The player's team will be penalized for illegal substitution.
 - a. If the attacking team substitutes illegally, the umpire will stop play immediately and award a free position to the opponents.
 - b. If the defending team substitutes illegally and the ball is in the midfield, above the restraining lines, the umpire will stop play immediately. If the ball is below/goal side of the restraining line, the umpire will immediately stop play following a missed shot or a change of possession. If the attack shoots and scores, play will resume at center with a Draw.
 - c. When an illegal substitution occurs, the umpire will call time-out and remove the illegal player from the field. A minor foul free position will be awarded to the opponents at or nearest the site of the ball. Exception: If the illegal substitute is discovered on the attacking team after a goal is scored but before the next Draw, the goal shall not count. The illegal player will be removed, players must stand, and the Goalkeeper will be awarded a free position within the goal circle.
 - d. If player on the field is both an illegal substitute and offside, remove the player and penalize the offside to resume play.

Rule 19.a.15: A player must not substitute illegally. An extra player, an ineligible suspended player or an illegal player (one incorrectly or not listed on the team score sheet) are all illegal substitutes. (Substitution, Rule 11)

TO START AND RESTART PLAY, RULE 12

Each half of the game, overtime period and after each goal, the game is started with a Draw except when a free position or throw at the centre line has been awarded. A maximum of five players from each team may be between the restraining lines during the Draw; the centers and 4 other players from each team. All other players must be below either restraining line.

Guidance: When the game restarts with a free position or a throw at the centre line rather than with a Draw, players shall take legal positions as they would for the draw and must stand until the whistle sounds.

TO START & RESTART PLAY, RULE 12.B.2 AND MINOR FOUL PENALTIES, RULE 19.B.8.d.2

If both players draw illegally, or it can not be determined why the draw was illegal, the umpire will call time-out and a redraw will occur.

2009 FIL WOMEN'S LACROSSE RULES FOR TRIAL

All Rules Revisions are in **BLUE**

OUT OF BOUNDS, RULE 14

Rule 14.D.1: The opponent nearest the ball will place the ball in her crosse and stand 4m inside the boundary from the spot where the ball went out of bounds. **When the goalkeeper is inside the goal circle and the nearest player to the ball when it crosses the boundary, she will be awarded possession of the ball inside the goal circle to restart play.**

Rule 14.E: When a shot or deflected shot on goal goes out of bounds, the player nearest to the ball when it crosses the boundary will place the ball in her crosse and stand 4m inside the boundary line from the spot where the ball went out of bounds. If two players are equidistant from the ball when it goes out of bounds, a Throw will be taken to restart play. Play may not resume within 11m from the center of the goal line or within 4m of the boundary. **When the goalkeeper is inside the goal circle and the nearest player to the ball when it crosses the boundary, she will be awarded possession of the ball inside the goal circle to restart play. (Rule 14.D)**

CONDUCT OF PLAY, RULE 16.3.A:

For minor fouls penalties, the player who committed the foul shall move 4m to the side of the player awarded the ball. The side to which the player must move is relative to her field position/relationship to the player she fouled when play was stopped.

RESTRAINING LINE, RULE 18.A.

A. A team must not

1. have more than **7 attack players below/goal side of the restraining line** in their offensive/attacking end of the field
2. have more than **eight defense players below/goal side of the restraining line** in their defensive end of the field. One of these eight players is usually, but not necessarily the goalkeeper.

RESTRAINING LINE, RULE 18.B. ATTACK PENALTIES

18. B. Penalties

1. **When the attack is offside:**
 - a. **and a Goal is scored, the Goal shall not Count. (Rule 13.C.11)**
 - b. **If the ball is within the 15m Fan or anywhere within the goal circle when the violation is called, the defense shall be awarded a Free Position at the top centre of the 15m Fan. The defense player nearest to the top center of the 15m Fan shall be awarded the Free Position.**
 - 1) **The closest attacker shall move 4m to the side of the player awarded the ball relative to her field position when play was stopped. The offside attack player or the attack player nearest to the Restraining Line shall move back outside.**
 - c. **If the ball is outside the 15m Fan or below the Goal Line extended when the offside violation is called, a defense Free Position shall be awarded at the spot of the ball; at least 11m from the centre of the Goal Line and 4m inside the boundary.**
 - 1) **The closest attack player will move 4m to the side of the player with the ball relative to her field position when play was stopped. The offside attack player or the attack player nearest the Restraining Line will move back outside.**
 - d. **and play ends with a Minor Foul by the defense, the attack will move back outside and a Throw will be administered at or near the spot of the ball when play stopped; at least 15m from the centre of the Goal Line, 4m from the boundary and 4m from the Restraining Line. (Rule 15.B.7)**

2009 FIL WOMEN'S LACROSSE RULES FOR TRIAL

All Rules Revisions are in **BLUE**

MINOR FOULS, RULE 19.A.4

A player must not touch the ball with her hand or use her hand or body to keep the ball in her crosse.

A Player must not allow any part of her body to **deliberately** impede, accelerate or change the direction of the ball. (Rule 17.A.3)

Guidance: "Deliberate" implies intent and intent is determined by a player's actions on the field.

It is a major foul if the GK blatantly attempts to stop a shot on goal by playing the ball off her body while she is outside the goal circle. (Rule 20.A.16)

RULE MISCONDUCT 22.A.4 (Please trial both options)

Option #1

A player receiving a yellow card must leave the field for 2-minutes lapsed playing time. A substitute may not take her place, and her team must play with one less player below/goal side of the Restraining Line for the duration of the 2-minute suspension penalty.

Option #2

A player receiving a yellow card must leave the field for 2-minutes lapsed playing time. A substitute may not take her place, and her team must play with one less player below/goal side of the Restraining Line for the duration of the 2-minute suspension penalty. **If the opposing team scores a goal before the 2 minutes have lapsed, the penalty shall expire.**

TOURNAMENT RULE 24: PENALTY POINT SYSTEM FOR FIL WORLD EVENTS.

For FIL Tournaments, a penalty point system will be in place for personal fouls and to deter unsportsmanlike or dangerous conduct by players: Warning (yellow card) = 2 penalty points; Suspension (yellow/red) = 4 penalty points; Suspension (straight red card) = 6 penalty points.

When a player has accrued 8 penalty points she will be automatically suspended from the next match of the Championship. Penalty points are cumulative. Once a player sits out one match, she will sit out a second match if she accrues an additional 6 points. As a warning, it is the responsibility of the TD or Competitions Chair to advise the Team Manager when a player has accrued 6 points.

FOR REFERENCE

4 yellow cards = 8

3 yellow cards = 6

1 yellow/red and 2 yellow cards = 8

1 yellow & 1 yellow/red card = 6

1 yellow/red & 1 straight red = 10

1 yellow card & 1 straight red card = 8

THE FOLLOWING ARE RULES CLARIFICATIONS ONLY; NO VOTE NECESSARY

Rule Uniform and Equipment 6.C:

All visible undergarments worn under the kilts/shorts must be a **solid dark color** or the same predominant color as the kilts/shorts.

Add to Uniform and Equipment Rule 6.E:

All players must properly wear a professionally manufactured intra-oral mouth guard **that fully covers the upper jaw teeth**. Players may wear eye protection. Players are not permitted to wear headgear or face masks.

2009 FIL WOMEN'S LACROSSE RULES FOR TRIAL

All Rules Revisions are in BLUE

Scorers and Timer, Rule 9.B.10.e

The timer will immediately notify the nearest umpire when a yellow card is a player's second and when a green card is a team's third.

The timer will inform a suspended player and her coach of the time on the clock when the player or a substitute may re/enter the game, and inform the nearest umpire if a suspended player or a substitute re/enters the game before the timed penalty suspension expires.

Start of Play Rule 12.A and Minor Fouls Rule 19.A.1

During the draw and at all other times during the game, a player's top hand may not contact the throat of the crosse, or any part of sidewall or pocket. (Rule 19.A.1)

The FIL pre-match schedule will be added as an appendix in the new FIL Women's Rule Book.

Rule 20.A.11: For greater consistency, this change is a further clarification of the Three Seconds Rule. (IFWLA Rule Book, p. 80, last paragraph)

When the defense is called for a 3 seconds violation and

Rule 20.A.11.a: the attack player in possession of the ball is above or below the goal line extended, the free position will be set relative to the position of the ball to restart play

Rule 20.A.11.b an Advantage Flag is raised for the violation. If the scoring play ends without a further foul or shot on goal, the free position shall be set relative to the spot of the ball when the flag was raised. (Advantage Flag 21.D.3)

PLEASE NOTE: If the above rules are ultimately approved in 2010 by the FIL Board and the FIL General Assembly, the wording may change slightly to facilitate their inclusion into the new 2011-2014 FIL Women's Rule Book.